



# WHEN I GROW UP

what do you want to be when you grow up?

Michelle Ward | Creative Career Coach

## THE SKILLS TO PAY THE BILLS

Having trouble coming up with the skills you're not only good at, but love using? What about the skills that you rock at but bitch and moan while doing? What about the skills you love but you need major help with? What about the – OK, you get the point. Well, The Skills To Pay The Bills will help you with just that. All you need to do is print out this exercise & follow the instructions. Not too scary, right?

On page 2, you'll see a chart of skills. I even left some blank so you can add your own at the bottom, because I don't know everything. Take a look at these skills. Live 'em. Breathe 'em. Imagine yourself doing 'em. Are you having fun? Are you pissed? Are you breezing on through? Are you struggling? Think of how good of a grasp you have on that skill & how much you (dis)like doing it.

On page 3, you'll see a blank chart. The left hand column starts with the skills that you freakin' love, and ends with the ones that can suck it. The top row starts with the skills that you're awesome at, and ends with the ones that you suck at. Put each skill on page 2 into the appropriate box on this chart.

Have your number 2 pencil out? Choice of tunes coming from the speaker? Favorite candle lit? You can even have a glass of wine or do this exercise without pants. Make it fun!

Well then...turn the page & get to work!



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## SKILLS TO CHOOSE FROM

Acting	Acting as liaison	Adapting to change
Analyzing	Assessing	Budgeting
Classifying	Coaching	Communicating
Cooperating	Cooking	Conceptualizing
Counseling	Creating	Dancing
Dealing with feelings	Decision making	Decorating
Delegating	Designing	Entertaining/Performing
Estimating	Evaluating	Expediting
Forecasting	Gardening	Generating ideas
Handling clients	Identifying problems	Illustrating
Implementing	Improvising	Initiating change
Innovating/Inventing	Interpreting	Interviewing
Logical thinking	Maintaining records	Managing
Monitoring	Mediating	Mentoring
Motivating others	Motivating self	Multi-tasking
Narrating	Negotiating	Observing
Organizing	Painting	Perceiving intuitively
Persuading	Planning	Problem solving
Proofreading / editing	Public speaking	Reporting
Researching	Selling	Singing
Strategizing	Summarizing	Surveying
Supervising	Taking photographs	Teaching / training
Tolerating ambiguity	Visualizing	Working in teams
Working on your own	Working with computers	Working with numbers
Writing		



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## WHAT THESE SKILLS GOTSTA DO WITH ME

	I'M AWESOME	I'M OK	I SUCK
THIS IS FREAKIN' AWESOME			
THIS IS COOL			
THIS IS WEAK			
THIS SUCKS			



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Take a moment now to really look at your chart. Focus on the following boxes:

- ❖ I'm Awesome/This is Freakin' Awesome
- ❖ I'm OK/This is Freakin' Awesome
- ❖ I'm Awesome/This is Cool
- ❖ I'm OK/This is Cool

Those should be the skills that you transfer to the new career you choose for yourself. You can even throw in I Suck/This is Freakin' Awesome & I Suck/This is Freakin' Cool if you're willing to commit yourself to getting that skill to the OK or Awesome level. But that's your call.

"What about the skills that I rock at but can suck it?, you might be asking. Throw 'em out. Don't be scared. Don't back yourself into that corner just because you got the skills. Remember, we're focusing on the ones that'll pay the bills, and you don't want a paycheck for a skill you hate using!

Having trouble making heads or tails of this? Not sure where to go next, or how this fits into your puzzle? Well then, contact me for a free consultation call & see if I can help – my info is at the bottom of each of these pages. I'll even burp on cue or sing you a song if you'd like. Promise it'll be fun.

Best,

*Michelle Ward*  
The When I Grow Up Coach



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