



WHEN I GROW UP

what do you want to be when you grow up?

Michelle Ward | Creative Career Coach

IT'S COOL

PART I: Please answer the following questions to the best of your ability. It'll pay off, I promise.

1. *What do you like to do in your free time outside of work? Do you have any hobbies (i.e. decorate the house, bake, knit)? Have you had any hobbies in the past that you've enjoyed? Also think about what you like to do in particular seasons (i.e. skiing, surfing, apple picking).*

2. *What hobbies have you considered that you haven't done? What seems interesting to you that other people do that you haven't tried yourself (i.e. karate, photography, competing in a triathlon)?*

3. *What kind of classes do you like to take (i.e. yoga, cooking, pottery)?*



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4. What types of movies do you enjoy (i.e. romantic comedy, documentary, historical drama)?

5. What kinds of magazines do you enjoy reading? What section of the newspaper do you turn to? What kinds of articles catch your attention (i.e. arts, real estate, fashion)?

6. What do you like to talk to others about? Are there any kinds of issues that you like to debate or any that get you really worked up? What issues are you passionate about (i.e. politics, NASCAR)? If this answer doesn't come easily, think about what you can talk about for hours or what really gets you energized.



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7. What did you like to do when you were a kid (ie play waitress, put on a show, boss around other kids)?

8. What activity/activities do you do where time seems to fly by (ie gossip with the girls, bake cookies & mail them to your favorite career coach)?

PART II: Circle the fields below that hold the most **interest** for you. It's not that you're good at it, or you have any experience in it – just that you think it's cool. Don't forget to add what you discovered above to the chart below in the blank spaces!

Architecture	Automotive	Beauty
Business	Charity	Children/Youth
Creative Arts	Design	Diet & Nutrition
Fashion	Film/Video	Finance
Food	Fund Raising	Health
History	Hobbies	Landscaping/Gardening
Languages	Maintenance/Repairs	Media
Medical	Mental Health	Music
Nature	Performing Arts	Personal Development
Philosophy	Politics	Pop Culture



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Psychology	Reading	Real Estate
Recreation	Research	Science
Sports	Technology	Toys & Games
Training & Education	Travel	

PART III: Write the circled fields into the first column of the chart below. Here are some examples:

CATEGORY	THIS MEANS TO ME....
Beauty	Make-up
History	Civil War, Pearl Harbor
Creative Arts	Painting, pottery, weaving
Nature	Bird watching

Get the drift? Duh you do, you're smart! Now you:

CATEGORY	THIS MEANS TO ME....



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